January 2018

sunday	monday	tuesday	wednesday	thursday	friday	saturday
					1	2
						9a - Vinyasa 1
3	4	5	6	7	8	9
3p - Vinyasa All Lvls				6:15p - Vinyasa 2 & 3		
5p - Gentle Yoga			7:30p - Vinyasa 1			
Winter Quarter Begins!! 10	11	12	13	14	15	16
						9a - Vinyasa 1
3p - Vinyasa All Lvls	5:30p - Hatha 1 & 2	6p - Vinyasa 1 & 2	7:30p - Vinyasa 1	5p - Gentle Yoga		
5p - Gentle Yoga	7:15p - Beginner			6:15p - Vinyasa 2 & 3		
17	18	19	20	21	22	23
						9a - Vinyasa 1
3p - Vinyasa All Lvls	5:30p - Hatha 1 & 2	6p - Vinyasa 1 & 2		5p - Gentle Yoga		
5p - Gentle Yoga	7:15p - Beginner		7:30p - Vinyasa 1	6:15p - Vinyasa 2 & 3		
24	25	26	27	28	29	30
						9a - Vinyasa 1
3p - Vinyasa All Lvls	5:30p - Hatha 1 & 2	6p - Vinyasa 1 & 2		5p - Gentle Yoga		
5p - Gentle Yoga	7:15p - Beginner		7:30p - Vinyasa 1	6:15p - Vinyasa 2 & 3		
31						
1p-3p Yoga for Healthy Bones						
3p - Vinyasa All Lvls						
5p - Gentle Yoga						

notes:

January 3 - 9 : Drop In's, or You may use a 10 class pass. Regular Classes begin January 10th...

January 30: Yoga for Healthy Bones $40.