

February 2012

sunday	monday	tuesday	wednesday	thursday	friday	saturday
			1	2	3	4
			9:30a - Vinyasa Yoga			
			Noon - Gentle Yoga			9a - Vinyasa 1
				5p - Beginning Yoga	5p - Happy Hour Yoga	
			7:30p - Vinyasa 1	6:15p - Vinyasa 2 & 3		
5	6	7	8	9	10	11
	9:30a - Vinyasa Yoga		9:30a - Vinyasa Yoga			
3p - Vinyasa All Levels			Noon - Gentle Yoga			9a - Vinyasa 1
5p - Gentle Yoga				5p - Beginning Yoga	5p - Happy Hour Yoga	11a - Incredible
6:30p - Meditation	6p - Beginning Yoga	6p - Vinyasa 1 & 2	7:30p - Vinyasa 1	6:15p - Vinyasa 2 & 3		Inversions Workshop
12	13	14	15	16	17	18
	9:30a - Vinyasa Yoga		9:30a - Vinyasa Yoga			
3p - Vinyasa All Levels			Noon - Gentle Yoga			9a - Vinyasa 1
5p - Gentle Yoga				5p - Beginning Yoga	5p - Happy Hour Yoga	
	6p - Beginning Yoga	6p - Vinyasa 1 & 2	7:30p - Vinyasa 1	6:15p - Vinyasa 2 & 3		
19	20	21	22	23	24	25
	9:30a - Vinyasa Yoga		9:30a - Vinyasa Yoga			
3p - Vinyasa All Levels			Noon - Gentle Yoga			9a - Vinyasa 1
5p - Gentle Yoga				5p - Beginning Yoga	5p - Happy Hour Yoga	
	6p - Beginning Yoga	6p - Vinyasa 1 & 2	7:30p - Vinyasa 1	6:15p - Vinyasa 2 & 3		
26	27	28	29			
	9:30a - Vinyasa Yoga		9:30a - Vinyasa Yoga			
3p - Vinyasa All Levels			Noon - Gentle Yoga			
5p - Gentle Yoga						
	6p - Beginning Yoga	6p - Vinyasa 1 & 2	7:30p - Vinyasa 1			



notes:
