

March 2012

रविवार	सोमवार	मंगळवार	बुधवार	गुरुवार	शुक्रवार	शनिवार
					1	2
						3
						9a - Vinyasa 1
					5p - Beginning Yoga	5p - Happy Hour Yoga
					6:15p - Vinyasa 2 & 3	
4	5	6	7	8	9	10
	9:30a - Vinyasa Yoga		9:30a - Vinyasa Yoga			9a - Vinyasa 1
3p - Vinyasa All Levels			Noon - Gentle Yoga			
5p - Gentle Yoga				5p - Beginning Yoga	5p - Happy Hour Yoga	
6:30p - Meditation	6p - Beginning Yoga	6p - Vinyasa 1 & 2	7:30p - Vinyasa 1	6:15p - Vinyasa 2 & 3		
11	12	13	14	15	16	17
	9:30a - Vinyasa Yoga		9:30a - Vinyasa Yoga			9a - Vinyasa 1
3p - Vinyasa All Levels			Noon - Gentle Yoga			
5p - Gentle Yoga				5p - Beginning Yoga	5p - Happy Hour Yoga	
	6p - Beginning Yoga	6p - Vinyasa 1 & 2	7:30p - Vinyasa 1	6:15p - Vinyasa 2 & 3		
18	19	20	21	22	23	24
SPRING BREAK			NO CLASSES		NO CLASSES	SPRING BREAK
	NO CLASSES	6p - Vernal Equinox		SPRING BREAK		
		108 Sun Salutations				
25	26	27	28	29	30	31
Spring Quarter Begins	9:30a - Vinyasa Yoga		9:30a - Vinyasa Yoga			9a - Vinyasa 1
3p - Vinyasa All Levels			Noon - Gentle Yoga			
5p - Gentle Yoga				5p - Beginning Yoga	5p - Happy Hour Yoga	
	6p - Beginning Yoga	6p - Vinyasa 1 & 2	7:30p - Vinyasa 1	6:15p - Vinyasa 2 & 3		

notes: